



MINUTES

“4C THE FUTURE – HAVE A HAND IN TOMORROW”

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HIGH RIVER

Meeting: 4C – Caring Citizens Committed to Healthy Communities

Date: 2010 January 5

Time: 09:30-11:00

Location: [High River Library](#)

Attendance: Carol, Stacey, Pam, Kate, Marianne, MaryAnn, Gil, LeeAnne,

1. Introductions
 - Pam Groenvold from FAS and MaryAnn from the daycare were new faces today— Welcome!!
2. Review of agenda from December 2009 for today's meeting as no meeting was held in December
3. Review of meeting minutes from November, 2009
4. Terms of reference
 - Note Stacey needs to make sure that the updated diagram is on the terms of reference.
 - Request to have completed projects listed as an addendum on the terms of reference
 - Two typos to be corrected
 - Will share at next meeting
5. Reports from Action Groups
 - **Awareness and Outreach**
 - Post cards were distributed at the meeting you can find them at the following places, FCSS, Library, Wildrose, SNAPS, Parent link, Foothills fetal alcohol society, health unit, welcome wagon, PCN
 - Stacey will have more copies of the postcards at the Health Unit if you require some.
 - Stacey to set another meeting with the awareness and outreach group to determine another project. Have brainstormed the idea of an orientation pkg and more communication in the community ie reconnecting with local media and partnering with Heart Healthy Action Team for go2 launch ideas.
 - Discussion of having sme 4C information at the recreation center for the Olympic torch relay taking place on January 18, 2010. Marianne agreed to look after this.
 - **Heart Healthy Action Team**
 - Had a meeting prior to Christmas and reviewed Plan, working on establishing a plan for launching of go2 in our community- will keep you posted.
 - Group had a question about community garden project. FFAS needs to know soon if we are going to use that space to start preparing site as soon as snow melts.
 - **Adolescent wellness**

- This group is working on getting together some key persons in the community to work on this project.
- Some brainstorming around the table on doing needs assessments and funding.
- Requested to see survey results from CAT students –Stacey to get and forward onto this group (Kate, LeeAnne, Gil, Kim, Carol)

NEXT MEETING
TUESDAY FEBRUARY 2, 2010
High River Library Craft room
9:30 am